

Eingangstest

Ziel

Name: **Verletzungen** **Datum**

Beweglichkeit

1.1



1.2



2.1



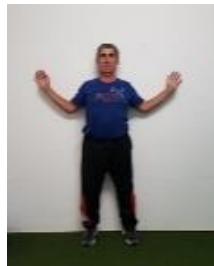
2.2



3.1



4.1



5.1



5.2



6.1



6.2



7.1



7.2



8.1



9.1



10.1



10.2



11.1



12.1

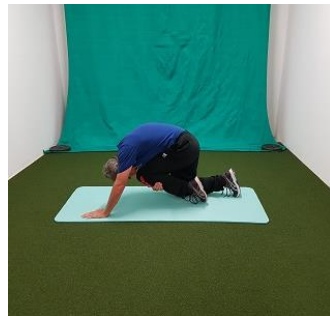
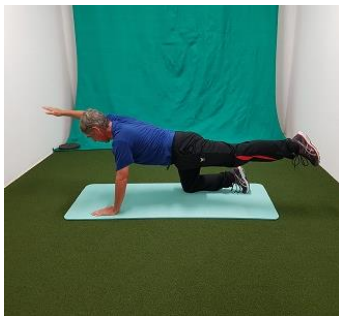


13.1

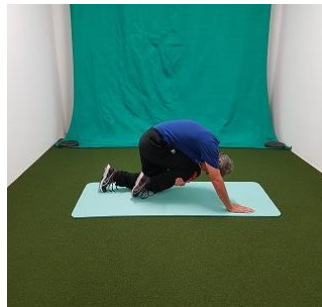
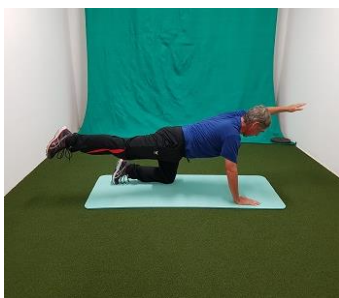


Stabilität

14.1



14.2



15.1



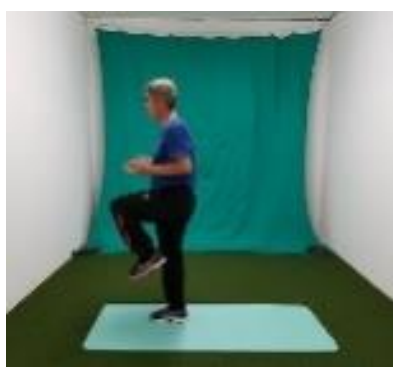
□

15.2



□

16.1



□ li

16.2



□ re

17.1



□ li

17.2



□ re

18.1



□ li

18.2



□ re

Dynamische Stabilität

19.1



1.Versuch



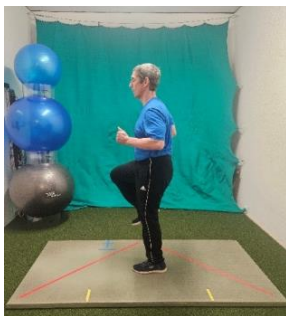
2.Versuch



3 Versuch

Balance

20.1

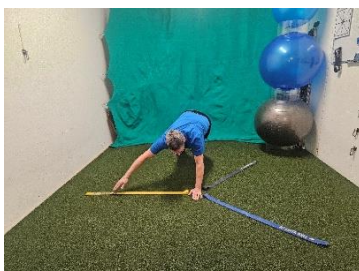


21.1



R1 R2 R3 cm

21.2



R1 R2 R3 cm

22.1



R1 R2 R3 cm

22.2



cm

R1 R2 R3

Kraft

Handkraft

